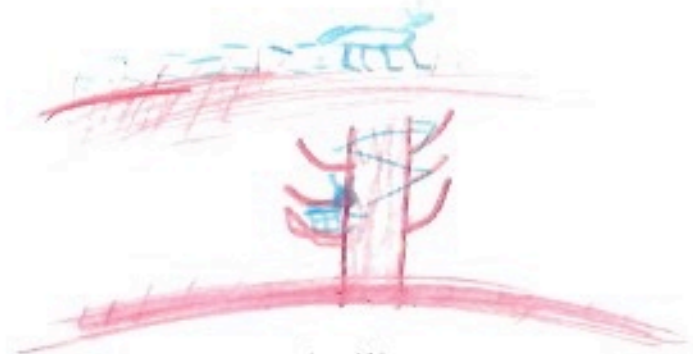




hello I am a tree about to be  
cut down and I am also going to  
save our forest by giving a speech.  
my speech says please do not cut  
trees down because every time  
it rains we help the streets  
from flooding by keeping 50 gallons  
of water every time it  
rains. So please do not  
cut down trees!





tired



I am sorry - im sorry  
well here we go i plan on  
making all my wife  
out to help my friends well  
bye.

Handwritten notes on the left page of the notebook, including a small diagram or sketch.





When I felt my breath it  
felt steady. My heartbeat  
was normal and kinda calm.  
I feel excited today because  
I have fun things to do.

---

I saw a green plastic  
detailed flag, a yellow  
pencil and marker hold  
a blue sign, a orange  
world, also a white  
outlet.

---

I felt the bag in front  
of me and it felt kinda  
giddy. I felt the table  
right out that it felt  
smooth. It looks like it  
felt the contraction beside  
me it was detailed which  
made it feel bumpy. Next  
I felt the effect.



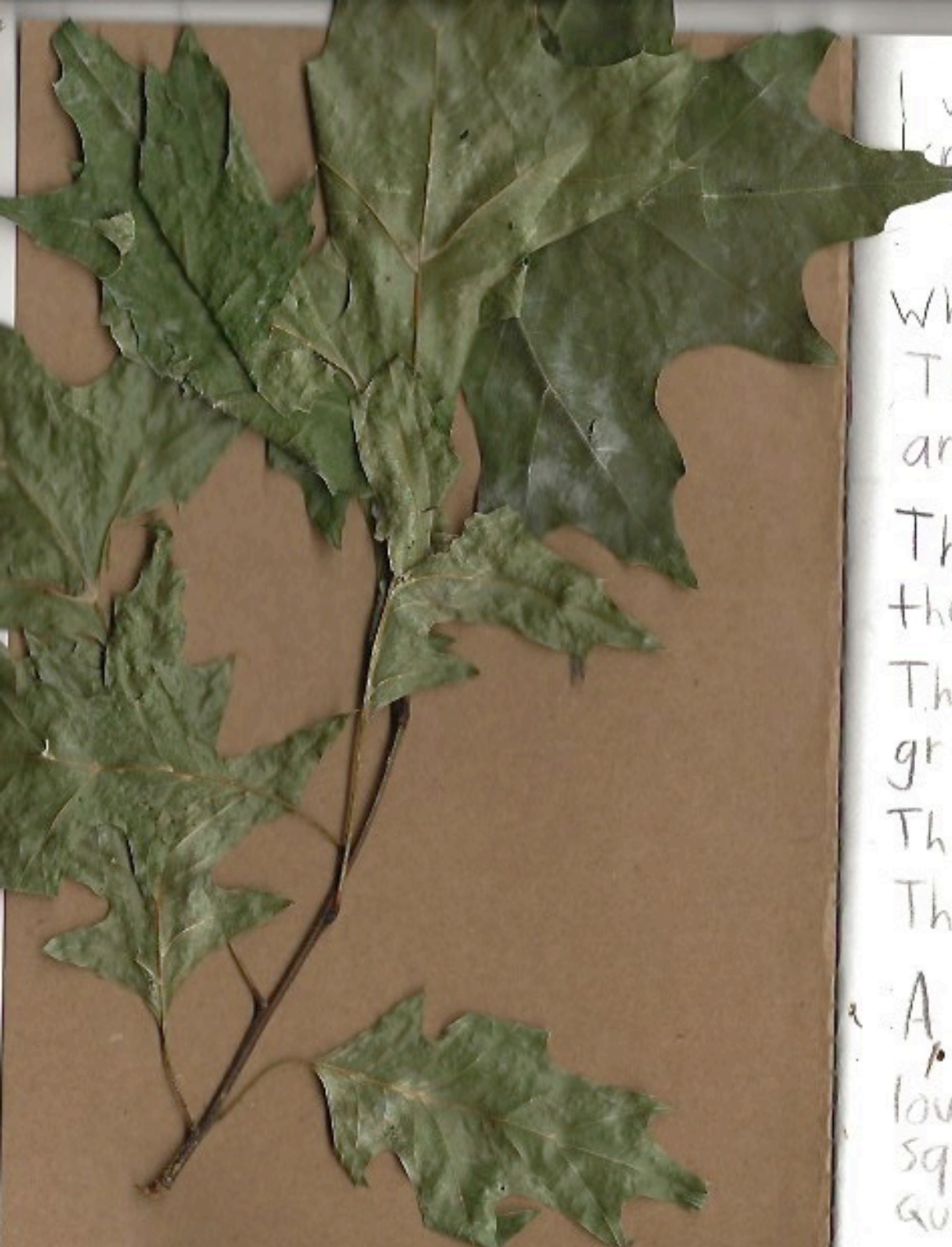
19-12

art.

Wall

I am a tree  
that is seriously  
about to be cut  
down! I don't  
agree with  
being cut down  
if I am honest  
so I am going to  
stand up for  
myself by running  
away with the  
rest of my forest





I was in an OK mood and I felt  
red.

White, yellow, blue, red, green  
They were mostly posters  
and the whiteboard.

The plastic wrapping of  
the markers is smooth.

The bag is rough and a  
grid pattern.

The paper is slightly rough.

The table is ~~rough~~  
smooth

A pencil dropping was  
loud, the chairs were  
squeaking, and the air was  
quiet.



Rock



It feels good  
and is dusty.

Tree Bark



Grill

Wall

wind felt good  
sun felt ~~not~~ bad



beta cell?



why?

whooooo  
whooooo



whooooo





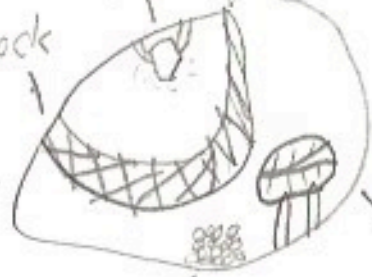
mailbox



light

hawock

home



table

food pile

Atticus, Hand sanitizer,  
Face, trash, a wall.

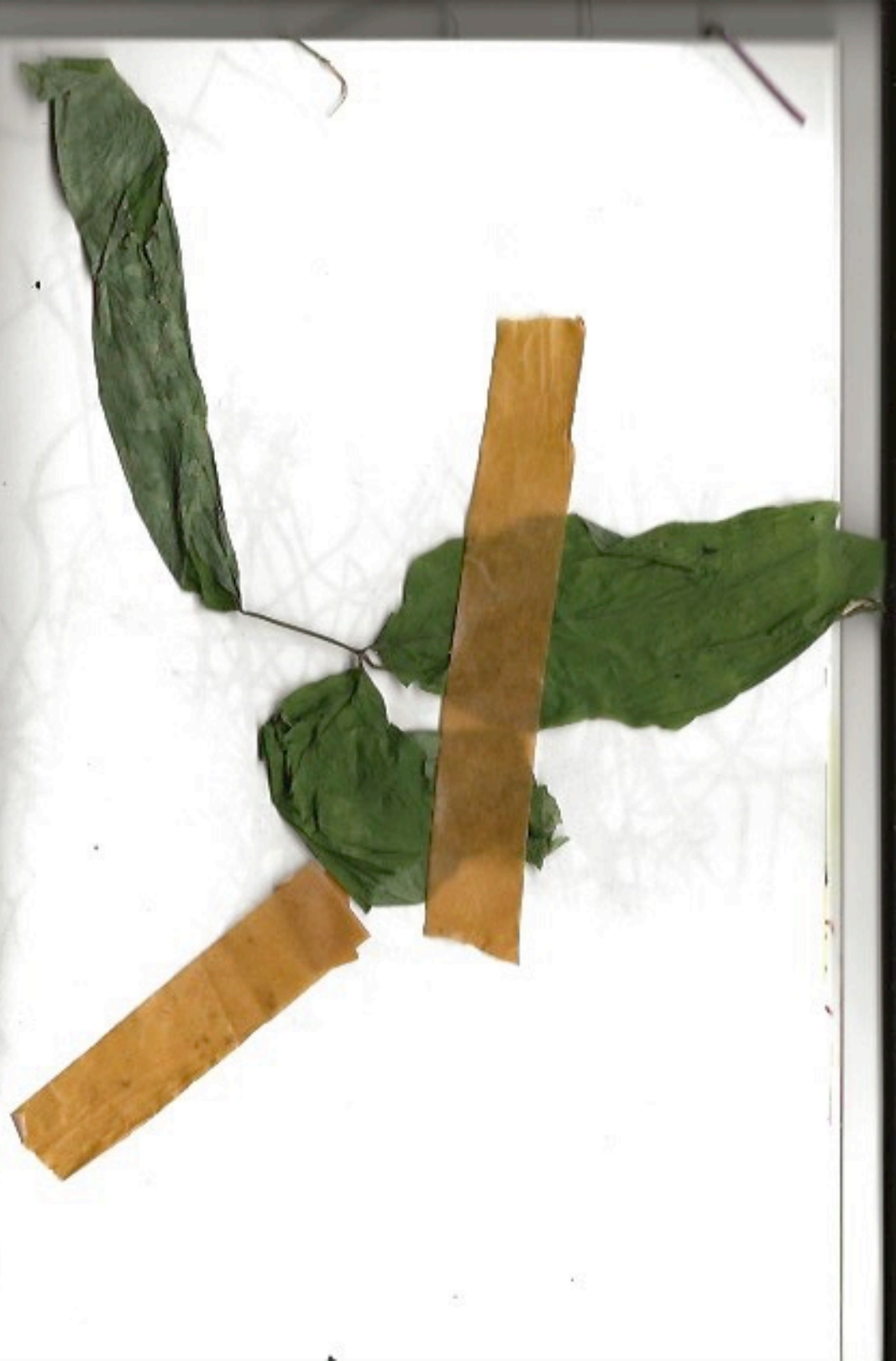


I AM AFTER  
SO I AM GETTING  
CUT AND I

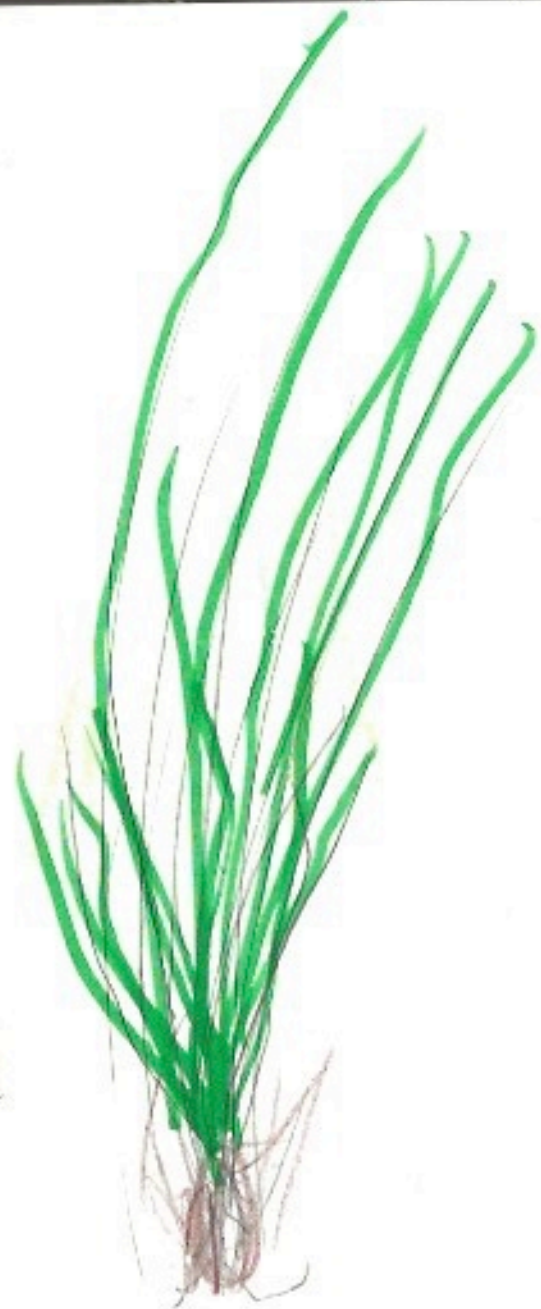
have NO SAY  
SO I WILL DROP  
big branches  
so they run  
away





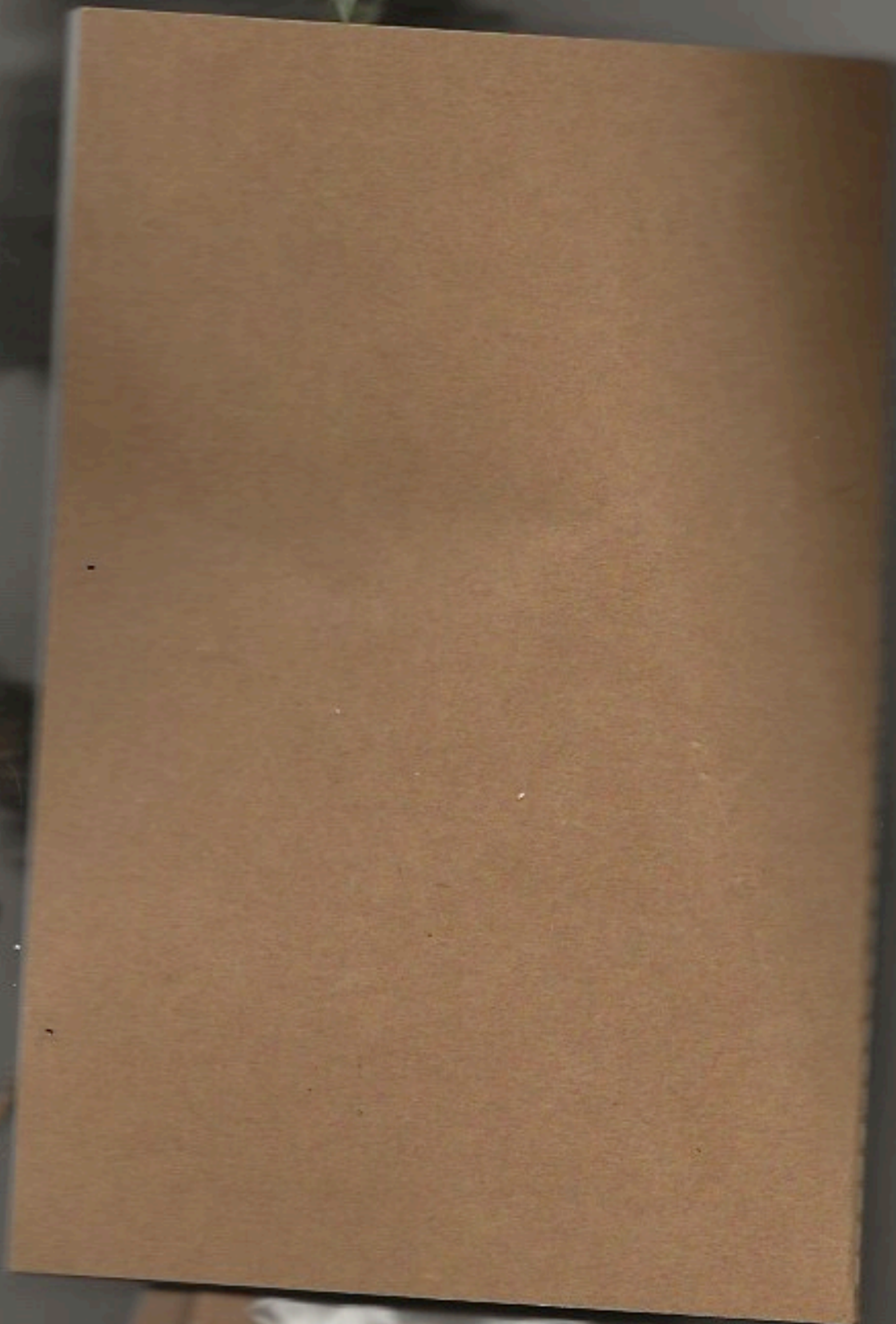


I feel calm  
the wind cooled me down  
the sun hurt my I's



Because it felt good





pull away  
a pattern with

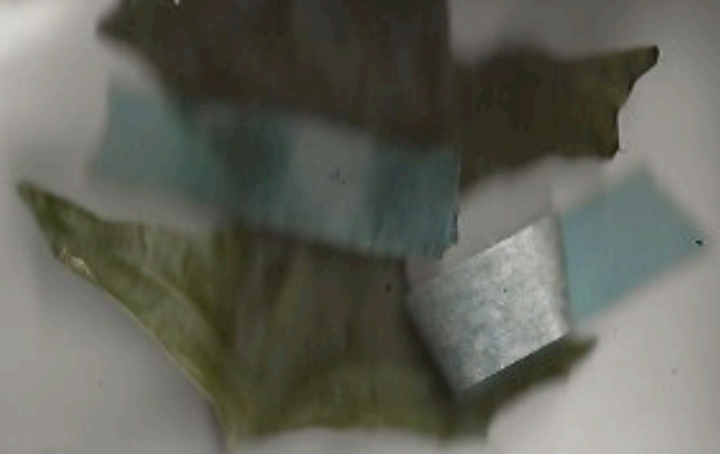


look  
Lola  
a window  
trees



birds  
woods

A LEAF



A STICK



A Acorn  
top

A ROCK



A origami  
butter fly



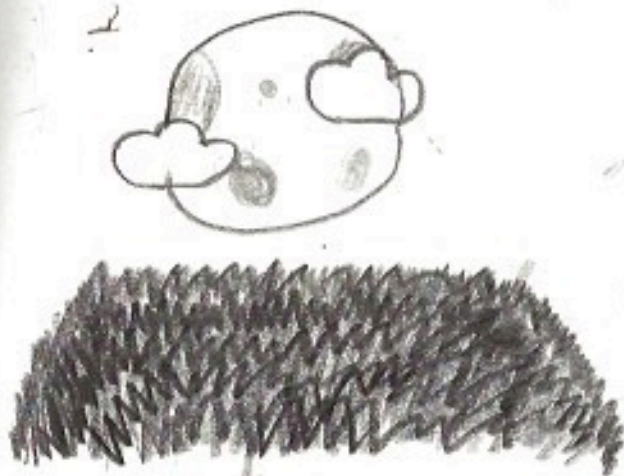
A Rain forest  
with a Lot of Birds  
chirping.

LAYLA A CLOAK

A Door the Fire

Alarm 

A DESK



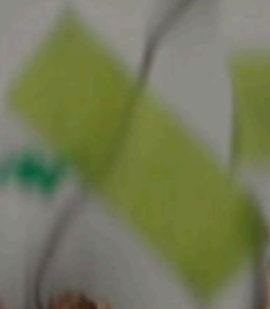
Stick



Rock



Flower



leaf



Piece  
of wood





Whatever I may  
Hear

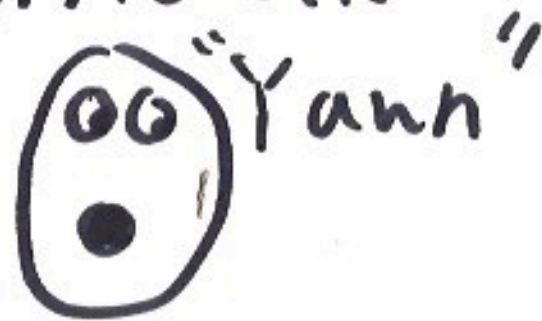


# My body

Felt: Tired, Sluggish

Mood: Non-energetic

Emotion: Sad, tired, calm  
angry, anxious, and  
worn out.



in a tree and  
I might as well  
take my last  
breath because  
I had just  
been hit by  
a axe



aliens?  
from mars?  
radioactive  
it came  
from the ground and  
it stood there till  
I picked it up.

I feel sluggish and tired AND  
hungry. My breath felt regular  
and normal, nothing different. :)

The wall is smooth  
and it looks like  
a clock pieces and dirt  
a bag brown and it smells like nothing  
a green folder black/white  
and a red fire alarm



the air the bumper rug  
coming the soft rug  
out of the AC  
a 3 quest smooth table  
chairs sharp paper from the  
and the nos corners of this  
outside notebook



I felt relaxed and felt like I was doing good and slow this needed. I felt like I was sitting down with my dad eating ~~me~~ I eat with my dad again.

Blue stands for my grandmas blueberry muffins. Red made me feel of my favourite game Among Us. Orange reminded me of ~~me~~ one of my favourite fruits Mandarines. The colored pencils felt bumpy. The colored markers felt rollly. The table felt smooth. The bag is scratchy. I heard creaking, kids playing. Pencils dropping. Smells like wood. It reminded me of when I helped my dad put a cabinet together. The pattern is redish purplish and gray.



This flower  
 is a *Scilla*  
 with *Scilla*  
 other flowers  
 - *Scilla* - fits  
 end until I  
 killed it and took  
 it out of the ground



breath - full  
MOOD - good  
feelings - happy  
body - stable  
mind - bored

blue, green, orange,

Pink, Red. they were  
on the whiteboard.

bag, rough. Plastic, bumpy  
tape, scratchy. table, solid,

Children playing  
chairs squeaking  
note book + u turning  
9





Tired, calm,  
Fight.

Smooth  
pencil

♡ slow, calm

Rough  
cardboard

😊 Exited

Bumpy  
Sharp  
other pencil

mm (Maybe I spelled  
(other)  
that wrong?)

Red Blue Purple

Yellow Green

The markers on  
my table.

this one is very  
speaking  
IT TALKS

hey don't see it  
hey don't see it

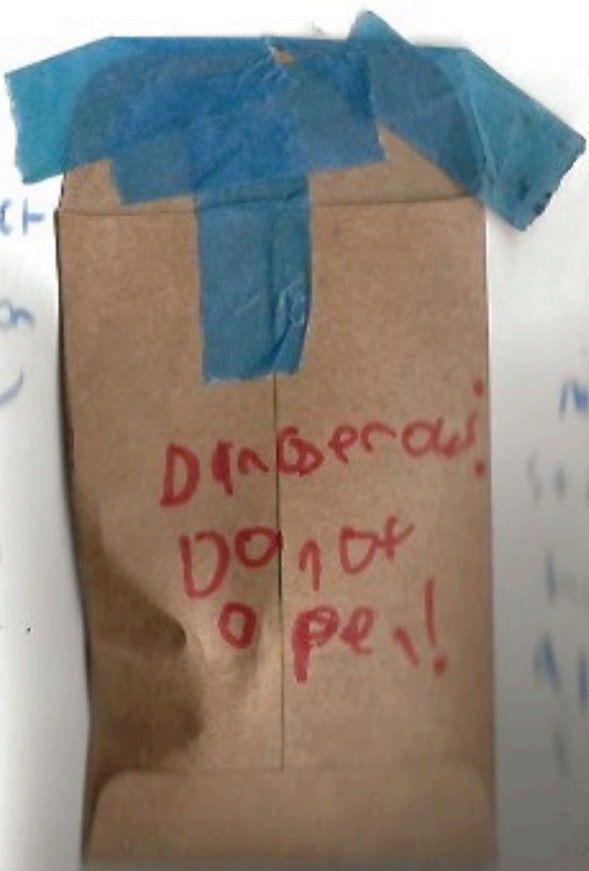
see? it talks  
HEY  
oh my gosh-

a broken crashed

alien UFO



expect  
invasion  
about  
now



DANGER!  
DO NOT  
OPEN!

might  
still  
have  
alien  
stuff

DO NOT OPEN



It was on the ground planted in  
the sand. Then it got stomped on  
by a bunch of people then someone  
picked it up then put back down.  
Then I picked it up



My mind: Tired  
My heart: Tired  
My body: Safe  
My Body is safe because  
I did golf over the  
weekend.

Red, Blue, Green, Pink, Purple. The banners on  
the wall. Pink was my target. Blue  
was my friend's sweatshirt. Red was  
the marker. Rough, Bumpy, Smooth,  
Sticky. Rough was this notebook.  
Bumpy was my zip bag. Smooth was  
the table. Sticky was my glue.  
Kids yelling, the wind, the air  
conditioner. Paint splashes, sat at  
bumpy, it is grey. Golf, the active

